



## **SKILLS & DRILLS CAMP**

**JUNE 21-24 Dahlonega, GA**

### **Sunday, June 21**

<b>1:00-3:00 pm</b>	<b>Check-In Sirmons Hall</b>
<b>3:15-4:15 pm</b>	<b>Wrestling Technique Session</b>
<b>4:30-5:15 pm</b>	<b>Dinner</b>
<b>6:30-8:00 pm</b>	<b>Wrestling Technique Session</b>

### **Monday, June 22-Tuesday, June 23**

<b>7:00-7:45 am</b>	<b>Breakfast</b>
<b>9:00-11:00 am</b>	<b>Wrestling Technique Session</b>
<b>11:30-12:15 pm</b>	<b>Lunch</b>
<b>1:30-3:15 pm</b>	<b>Wrestling Session</b>
<b>4:30-5:15 pm</b>	<b>Dinner</b>
<b>7:00-8:15 pm</b>	<b>Technique and Hard Drilling Session</b>
<b>8:30-9:30 pm</b>	<b>Open Swim-Pool</b>

### **Wednesday, June 24**

<b>9:00-10:30 am</b>	<b>Wrestling Session</b>
<b>11:00-1:00 pm</b>	<b>Check-Out Sirmons Hall</b>

- Campers must be lined up outside the dinning hall 5 minutes before each meal starts and enter as a group!